

Dramatherapy Theory And Practice 1

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The course reinforces the centrality of the image and the role of the imagination in the practice of art therapy. It will give you experience of clinical art therapy practice under supervision, as well as experience of group work, studio practice and a critical understanding of current theoretical ideas.

Art Therapy MA - Therapeutic Arts - University of Derby

Mental health encompasses emotional, psychological, and social well-being. It influences cognition, perception, and behavior.It also determines how an individual handles stress, interpersonal relationships, and decision-making. Mental health includes subjective well-being, perceived self-efficacy, autonomy, competence, intergenerational dependence, and self-actualization of one's intellectual ...

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